



27th February 2017

Church Road, Bexleyheath DA7 4DG

Tel: **020 8303 2175**

Fax: 020 8301 1635

Email: admin@upland.bexley.sch.uk

www.upland.bexley.sch.uk

Head Teacher: **Ms V Sengupta**

BA Hons, PGCE, NPQH

Dear Parents/Carers

Swimming Lessons for Year 4 Classes – Spring Term 2017 Mars & Venus

I write to inform you of some changes to our swimming arrangements. The two major changes are that swimming lessons will now be for children in years 4 and 5 and also we no longer use coaches to get back and forth from Crook Log. The children will be walking with the staff from school. This does mean that we will need to allow adequate time in order to get to the lessons promptly.

Mars class will be swimming on Mondays.

Venus class will be swimming on Thursdays.

Children on these days will need to be in school at 8.40 am, they will be registered and then at 8.50 leave straight away to go swimming. At the end of the lesson we will allocate some time for the children to dry their hair before they walk back.

Swimming is part of the National Curriculum and as such it is expected that all children will attend. They will learn to swim, develop their stamina and style and learn basic water safety over the course of the one year programme. Children with asthma must take their pump with them or they will not be able to swim. If your child is unable to take part in the lessons for medical reasons, then please put this into writing and return it to your child's class teacher.

Please ensure that your child has a towel, a swimming suit or shorts (no bikinis and shorts must be above the knee), a brush, comb and some swimming goggles. All long hair must be tied back. The children will receive their first swimming hat free, after this if they should lose it will be £1 to replace. A hat must be worn in the pool at all times. All jewellery must be removed before swimming.

Swimming lessons will commence on Monday 20th February 2017 and Thursday 23rd February 2017.

February dates: 20th, 23rd, 27th

May dates: 4th, 8th, 11th, 15th, 18th, 22nd, 25th

March dates: 2nd, 6th, 9th, 13th, 16th, 20th, 23rd

June dates: 8th, 12th, 15th, 19th, 22nd, 26th, 29th

April dates: 20th, 24th, 27th

July dates: 3rd, 6th, 10th, 13th, 17th

Yours sincerely,

Mrs V. Sengupta
Head Teacher

THIS FORM MUST BE RETURNED TO SCHOOL - By Thursday 2nd February 2017

I give permission for my child to attend swimming lessons at Crook Log

Spring Term 2017 commencing 20th February 2017

Childs Name _____ Class _____

Please list any medical conditions including asthma _____

Signed (parent/carer) _____ Date _____