



January 2017

JMF Coaching

Upland Primary After School Football

"Learn to play the JMF Way!"

Dear Parent/Guardian,

JMF Coaching are delighted to announce the dates of our latest after school football course at Upland Primary School for year groups 3,4,5 and 6!

As the dark nights are still with us we will continue to run our after school sessions on a 45 minute basis up to and after the February Half Term. Our latest course will run on a 7-session basis (dates below) at a cost of **£34.00 per child**. Each session will run from **3.30pm until 4.15pm**.

The emphasis of this course will be on technical drills, skills and small sided games where coaches will look to improve the knowledge of children both during the coaching sessions and in match situations both mentally and technically.

We will also be offering a **FREE** trial session to any children wishing to try our sessions for the very first time. Simply contact us on the details below to book your child's **FREE** trial session today!

To book your child's place simply fill out the booking form (below) and return it along with your method of payment (cash or cheque – please make cheques payable to JMF Coaching) to the school office. Bank transfer can also be used as a method of payment - please contact Joe Ford on **0798-368-0313** for details.

Course Dates: *Friday 20th January until Friday 10th March 2017*

JMF Coaching – Upland Primary After School Football 2017

Full Name of Child:

Year Group:

Contact Number:

Payment Method:

Signed: _____

Print Name: _____

Please note: Any medical conditions that our coaching staff should know about must be written on the back of this booking slip.