



Church Road, Bexleyheath DA7 4DG  
 Tel: **020 8303 2175**  
 Fax: 020 8301 1635  
 Email: [admin@upland.bexley.sch.uk](mailto:admin@upland.bexley.sch.uk)  
[www.upland.bexley.sch.uk](http://www.upland.bexley.sch.uk)  
 Head Teacher: **Ms V Sengupta**  
 BA Hons, PGCE, NPQH

**Upland Primary School – Years 1,2 & 3**

**General Gymnastics Club – Wednesday, 3.25pm - 4.25pm**

Athena Gymnastics Club will continue to hold gymnastics classes this term for boys and girls in Years 1, 2 & 3 on a **Wednesday straight after school until 4.25pm in the school hall**. The club will be run by Caroline Laing of Athena Gymnastics Club. Caroline is a qualified coach, registered with British Gymnastics. All coaches have DBS certification and hold Safeguarding Children certification.

The next course will commence on Wednesday 11<sup>th</sup> January and end on Wednesday 29<sup>th</sup> March (a total of 11 sessions at a cost of £3.50 per session **(£38.50 in total)**). You will be required to collect your child from the outside doors of the school hall at 4.25pm. Children will need to wear leggings / shorts / jogging bottoms etc, a t-shirt or a leotard for girls (if they wish) and bare feet. Please also **make sure your child has a drink**.

Session dates are as follows: **11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> Jan / 1<sup>st</sup>, 8<sup>th</sup> Feb (then break for half term) / 22<sup>nd</sup> Feb / 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> March (11 sessions).**

Children will be given the opportunity to build upon their skills, focusing on their confidence and learning new gymnastics skills at their own pace in a positive, enthusiastic and safe environment.

We are expecting this club to be popular and there is a limit of 24 children. The reply slip should be returned by **Monday 9<sup>th</sup> January**. In the interest of fairness we will pool all the reply slips and hold a draw to allocate places if necessary. Please note there is no guarantee of a place. You will be contacted by Caroline Laing by text message informing you if your child has secured a place. Please therefore **ensure you fill in your contact number below**. Payment will be due once your child’s place is confirmed and should be paid by Wednesday 11<sup>th</sup> January. Cheques should be made payable to Athena Gymnastics Club or you can pay by cash if you prefer. Caroline will also text bank details if you’d rather pay by bank transfer. Please do not send payment with this initial reply slip.

If you do not hear from us, it means that unfortunately your child did not secure a place on this current course.

**For the attention of the School Office**

I would like my child.....in class.....  
 to attend the gymnastics club on **Wednesdays after school (3.25pm to 4.25pm)**

I understand that I will be informed if my child has secured a place on this course and will then make a payment of £38.50 for 11 sessions. My contact number is.....

Signed.....Date.....  
 (Parent/Carer)