



Upland Visits

Date: 13th November 2019

Where? Anglo Saxon Theme Day at Kent Life

Who? 58 Year4 pupils



Curriculum Intent and Implementation

- To extend knowledge relating to Anglo Saxons and Vikings.
- To further explore the impact Anglo Saxons had on Britain today.
- To ask key historical questions to further understand this period of history.

Build on personal attributes: resilience and determination, teamwork, independence and confidence, pride and personal safety.



We found out about Anglo Saxon entertainment, and the legend that is Beowulf.

We played an Anglo Saxon game called 'Nine Men's Morris', which is similar to noughts and crosses. Each team has 9 counters which are placed on a grid. The aim is to make a line of 3. If that happens you remove a counter from your opponent!



We met some farm animals and found out what they

Anglo Saxons loved stories and drama. The children had great fun acting out the story of the evil Grendel and heroic Beowulf. We also found out that rich Saxons ate loads and drank mead, a honey based ale.

would have been used for during the Anglo Saxon period. The Anglo Saxons didn't waste any part of the animals and even used sheep bones to make soup! They were very fond of their sheep.



Alfred the Great is now converting the Viking leader, Guthrum to Christianity. He would no longer attack the Anglo Saxons and lived peacefully in East Anglia.



Alfred the Great explained to us how all the kingdoms fell to the Vikings except Wessex. He changed tactics and defeated them at Edlington before making peace.

Everyone had a go at 'scouring' and 'carding' wool to get it smooth and soft. We then twisted it into long, straight and stronger pieces that could be used to make clothes.

Curriculum Impact:

Both Year 4 classes participated in a number of workshops that allowed the children to further their understanding of both the Anglo Saxons and the Vikings. The children learnt about the famous King, Alfred the Great, and how he faced the vicious Vikings during battle, whilst securing their understanding of the changing kingdoms. Using prior knowledge, the children were able to explain why the Anglo Saxons settled in certain areas, and were shown a variety of artefacts from this particular period of history. Similarly, artefacts were used to help explain to the children what daily life was like during Anglo Saxon Britain, although they weren't too keen on the idea of using a cesspit!

During the visit, there were a number of opportunities for the children to participate in hands-on activities. Both classes very much enjoyed playing the board game 'Nine Men's Morris', a game similar to noughts and crosses. They also had the chance to spin their own wool! Alfred the Great explained how he was able to defeat the Vikings and invited all the children to join his army, they even got their own sword.

The workshops, use of artefacts and storytelling reinforced our understanding of the Anglo Saxon period and a great deal of new additional information was gained, in a variety of ways. It was a great visit, both educational and fun and we would recommend it to others.

Pupil Views:

"I learnt that Anglo Saxons preferred to use spears as their weapon of choice as it allowed them to hunt from a distance, therefore keeping themselves safe."

"I learnt that Anglo Saxon feasts could last up to a week- two weeks if it was a wedding!"

"I loved Kent Life and learnt a lot. I learnt how King Alfred defeated the Vikings and where Anglo Saxons built their homes."

"I liked meeting King Alfred and learning how to spin wool."

"King Alfred was very strict but also very funny! He let us all participate."

"The people at Kent life dressed up as real Anglo Saxon people. They taught me all about feasts!"

"I liked learning about the animals and how the Anglo Saxons looked after them."